

Open Delhi State Athletics Championships-2025

Jawaharlal Nehru Stadium, New Delhi 12 & 13 April 2025

Organized By Delhi Athletics

Tentative Schedule (version 1.4)

Day 1 - 12.04.2025

Sr. No	Scheduled Time	Event	Specifications	Section	Round
101	0630 HRS	10000M		MEN	FINAL
102	0630 HRS	10000M		JR. MEN (BOYS-20)	FINAL
103	0630 HRS	10000M		WOMEN	FINAL
104	0720 HRS	5000M		JR. WOMEN (GIRLS-20)	FINAL
105	0730 HRS	100M		BOYS 18	HEATS
106	0800 HRS	100M		JR. MEN (BOYS-20)	HEATS
107	0800 HRS	SHOTPUT	5 KG	BOYS 18	FINAL
108	0800 HRS	TRIPLE JUMP		JR. WOMEN (GIRLS-20)	FINAL
109	0800 HRS	TRIPLE JUMP		WOMEN	FINAL
110	0800 HRS	HAMMER THROW	4 KG	JR. WOMEN (GIRLS-20)	FINAL
111	0800 HRS	HAMMER THROW	4 KG	WOMEN	FINAL
112	0830 HRS	100M		MEN	HEATS
113	0900 HRS	SHOTPUT	6 KG	JR. MEN (BOYS-20)	FINAL
114	0900 HRS	100M		GIRLS 18	HEATS
115	0910 HRS	HAMMER THROW	7.260 KG	MEN	FINAL
116	0910 HRS	TRIPLE JUMP		JR. MEN (BOYS-20)	FINAL
117	0910 HRS	TRIPLE JUMP		MEN	FINAL
118	0915 HRS	100M		JR. WOMEN (GIRLS-20)	HEATS
119	0915 HRS	HIGH JUMP		GIRLS 16	FINAL
120	0915 HRS	HIGH JUMP		GIRLS 18	FINAL
121	0915 HRS	HIGH JUMP		JR. WOMEN (GIRLS-20)	FINAL
122	0915 HRS	HIGH JUMP		WOMEN	FINAL
123	0930 HRS	100M		WOMEN	HEATS
124	0945 HRS	400M		BOYS 18	HEATS
125	1000 HRS	SHOTPUT	7.260 KG	MEN	FINAL
126	1010 HRS	HAMMER THROW	6 KG	JR. MEN (BOYS-20)	FINAL
127	1015 HRS	400M		JR. MEN (BOYS-20)	HEATS
128	1030 HRS	400M		MEN	HEATS
129	1110 HRS	400M		GIRLS 18	HEATS/FINAL
130	1120 HRS	400M		JR. WOMEN (GIRLS-20)	HEATS/FINAL

131	1130 HRS	400M		WOMEN	HEATS/FINAL
132	1100 HRS	SHOTPUT	04 KG	BOYS 16	FINAL
133	1120 HRS	JAVELIN THROW	500 GM	GIRLS 16	FINAL
134	1130 HRS	HIGH JUMP		BOYS 16	FINAL
135	1130 HRS	HIGH JUMP		BOYS 18	FINAL
136	1130 HRS	HIGH JUMP		JR. MEN (BOYS-20)	FINAL
137	1130 HRS	HIGH JUMP		MEN	FINAL
138	1150 HRS	60M		BOYS 16	HEATS
139	1230 HRS	60M		GIRLS 16	HEATS
140	1230 HRS	JAVELIN THROW	600 GM	BOYS 16	FINAL
141	1245 PM	600M		GIRLS 16	TIME TRIAL/FINAL
142	1300 PM	600M		BOYS 16	TIME TRIAL/FINAL
143	1400 HRS	SHOTPUT	3 KG	GIRLS 16	FINAL
144	1400 HRS	SHOTPUT	3 KG	GIRLS 18	FINAL
145	1400 HRS	1000M		BOYS 18	FINAL
146	1415 HRS	1000M		GIRLS 18	FINAL
147	1430 HRS	100M		BOYS 18	FINAL
148	1430 HRS	100M		JR. MEN (BOYS-20)	FINAL
149	1430 HRS	100M		MEN	FINAL
150	1500 HRS	SHOTPUT	4 KG	JR. WOMEN (GIRLS-20)	FINAL
151	1500 HRS	SHOTPUT	4 KG	WOMEN	FINAL
152	1500 HRS	100M		GIRLS 18	FINAL
153	1500 HRS	100M		JR. WOMEN (GIRLS-20)	FINAL
154	1500 HRS	100M		WOMEN	FINAL
155	1515 HRS	60M		BOYS-16	FINAL
156	1515 HRS	60M		GIRLS 16	FINAL
157	1515 HRS	JAVELIN THROW	800 GM	JR. MEN (BOYS-20)	FINAL
158	1515 HRS	JAVELIN THROW	800 GM	MEN	FINAL
159	1600 HRS	400M		BOYS 18	FINAL
160	1610 HRS	400M		JR. MEN (BOYS-20)	FINAL
161	1620 HRS	400M		MEN	FINAL
162	1620 HRS	400M		GIRLS 18	FINAL
163	1620 HRS	400M		JR. WOMEN (GIRLS-20)	FINAL
164	1620 HRS	400M		WOMEN	FINAL
165	1630 HRS	1500M		MEN	TIME TRIAL/FINAL
166	1645 HRS	1500M		JR. MEN (BOYS-20)	TIME TRIAL/FINAL
167	1700 HRS	1500M		WOMEN	TIME TRIAL/FINAL
168	1700 HRS	1500M		JR. WOMEN (GIRLS-20)	TIME TRIAL/FINAL

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Day 2 - 13.04.2025

Sr. No	Scheduled Time	Event	Specifications	Section	Round
201	0600 HRS	20000M RW		MEN	FINAL
202	0600 HRS	20000M RW		WOMEN	FINAL
203	0605 HRS	5000M RW		JR. MEN (BOYS-20)	FINAL
204	0605 HRS	5000M RW		JR. WOMEN (GIRLS-20)	FINAL
205	0605 HRS	5000M RW		BOYS 18	FINAL
206	0605 HRS	3000M RW		GIRLS-18	FINAL
207	0740 HRS	3000M		JR. MEN (BOYS-20)	FINAL
208	0740 HRS	3000M		JR. WOMEN (GIRLS-20)	FINAL
209	0740 HRS	LONG JUMP		GIRLS 16	FINAL
210	0740 HRS	LONG JUMP		GIRLS 18	FINAL
211	0740 HRS	DISCUS THROW	2 KG	MEN	FINAL
212	0800 HRS	5000M		MEN	FINAL
213	0800 HRS	5000M		JR. MEN (BOYS-20)	FINAL
214	0800 HRS	5000M		WOMEN	FINAL
215	0820 HRS	200M		MEN	HEATS
216	0840 HRS	LONG JUMP		JR. WOMEN (GIRLS-20)	FINAL
217	0840 HRS	LONG JUMP		WOMEN	FINAL
218	0845 HRS	DISCUS THROW	1.75 KG	JR. MEN (BOYS-20)	FINAL
219	0845 HRS	200M		JR. MEN (BOYS-20)	HEATS
220	0900 HRS	200M		BOYS 18	HEATS
221	0920 HRS	200M		WOMEN	HEATS/FINAL
222	0940 HRS	LONG JUMP		BOYS 16	FINAL
223	0945 HRS	DISCUS THROW	1.50 KG	BOYS 18	FINAL
224	0945 HRS	200M		JR. WOMEN (GIRLS-20)	HEATS /FINAL
225	1000 HRS	200M		GIRLS 18	HEATS /FINAL
226	1030 HRS	110(H)	1.067 M	MEN	TIME TRIAL/FINAL
227	1040 HRS	LONG JUMP		MEN	FINAL
228	1040 HRS	LONG JUMP		JR. MEN (BOYS-20)	FINAL
229	1040 HRS	DISCUS THROW	1.00 KG	WOMEN	FINAL
230	1040 HRS	DISCUS THROW	1.00 KG	JR. WOMEN (GIRLS-20)	FINAL
231	1040 HRS	DISCUS THROW	1.00 KG	GIRLS 18	FINAL
232	1040 HRS	110(H)	0.99 M	JR. MEN (BOYS-20)	TIME TRIAL/FINAL

233	1050 HRS	110(H)	0.914 M	BOYS 18	TIME TRIAL/FINAL
234	1100 HRS	100M(H)	0.838 M	WOMEN	TIME TRIAL/FINAL
235	1115 HRS	100M(H)	0.838 M	JR. WOMEN (GIRLS-20)	TIME TRIAL/FINAL
236	1115 HRS	JAVELIN THROW	700 GM	BOYS 18	FINAL
237	1120 HRS	100M (H)	0.762 M	GIRLS 18	TIME TRIAL/FINAL
238	1130 HRS	80M(H)	0.838 M	BOYS-16	TIME TRIAL/FINAL
239	1145 HRS	80M(H)	0.762 M	GIRLS-16	TIME TRIAL/FINAL
240	1200 HRS	LONG JUMP		BOYS 18	FINAL
241	1210 HRS	400M(H)	0.914 M	MEN	TIME TRIAL/FINAL
242	1220 HRS	400M(H)	0.914 M	JR. MEN (BOYS-20)	TIME TRIAL/FINAL
243	1240 HRS	400M(H)	0.762 M	WOMEN	TIME TRIAL/FINAL
244	1300 HRS	400M(H)	0.762 M	JR. WOMEN (GIRLS-20)	TIME TRIAL/FINAL
245	1330 HRS	200M		MEN	FINAL
246	1340 HRS	200M		JR. MEN (BOYS-20)	FINAL
247	1350 HRS	200M		BOYS 18	FINAL
248	1400 HRS	200M		WOMEN	FINAL
249	1400 HRS	POLE VAULT		ALL AGE GROUP	FINAL
250	1400 HRS	JAVELIN THROW	600 GM	WOMEN	FINAL
251	1400 HRS	JAVELIN THROW	600 GM	JR. WOMEN (GIRLS-20)	FINAL
252	1400 HRS	JAVELIN THROW	500 GM	GIRLS 18	FINAL
253	1410 HRS	200M		JR. WOMEN (GIRLS-20)	FINAL
254	1420 HRS	200M		GIRLS 18	FINAL
255	1430 HRS	800M		MEN	TIME TRIAL/FINAL
256	1440 HRS	800M		JR. MEN (BOYS-20)	TIME TRIAL/FINAL
257	1450 HRS	800M		WOMEN	TIME TRIAL/FINAL
258	1500 HRS	800M		JR. WOMEN (GIRLS-20)	TIME TRIAL/FINAL
259	1520 HRS	3000M SC		MEN	FINAL
260	1535 HRS	3000 SC		JR. MEN (BOYS-20)	FINAL
261	1550 HRS	3000 SC		JR. WOMEN (GIRLS-20)	FINAL
262	1550 HRS	3000 SC		WOMEN	FINAL

Plz Note :-

- Schedule may change according to need.
- 100M,200M,400M best 08 will be selected for finals.
- Athletes will report at CALL ROOM 30 mnts before the TRACK EVENTS & 45 mnts before the FIELD EVENTS.
- Decathlon, Hepathlon & Panthathlon event will be conducted on individual basis.
The Athletes have to adjust with concern event or Officials.
- JR Men(Boys-20) will particiapte in 5000m RW instead of 10000M RW(As per the guidelines of Indian Athletics.)