



# DELHI ATHLETICS

Affiliated to Athletics Federation of India

**Dr. Abhishek Tandon**  
President

**Parth Goswami**  
Secretary

**Hemant Jal**  
Treasurer

**To**

All District Associations, Athletes, Coaches, Sports Academies, Sports Clubs, Educational Institutions and all individuals.

**Subject: Delhi State Open Athletics Championships – 03<sup>rd</sup>-05<sup>th</sup> April 2026.**

Respected Sir/Madam,

We are pleased to inform you that the **Delhi State Open Athletics Championships 2026** will be held from **Friday, 03<sup>rd</sup> April to Sunday, 05<sup>th</sup> April 2026** at Jawaharlal Nehru Stadium, New Delhi.

The Championships will be conducted in accordance with the Rules of the Athletics Federation of India (AFI) and regulations framed by Delhi Athletics. The Standard Operating Procedures (SOPs) issued by the Government of India, Ministry of Youth Affairs & Sports (MYAS), Sports Authority of India (SAI), AFI, Delhi Athletics, and the Government of NCT of Delhi will be strictly followed.

## **A. Championships & Eligibility Details**

1. Individual athletes can submit entries directly by logging into the AFI portal: <https://ors.indianathletics.in/#/login>
2. Open to athletes **from any state** with a valid AFI UID (mandatory).
3. AFI UID is mandatory – without it, participation will not be allowed.
4. Athletes should mandatorily carry the original entry receipt, Original Date of Birth Certificate, AFI UID card, and original Aadhaar card during the events. In absence of these documents, participation would not be permitted.
5. Each athlete may participate in a maximum of two individual events.

Email: [delhi@indianathletics.in](mailto:delhi@indianathletics.in)

Contact - +91-9971185705

Website: [www.delhiathletics.com](http://www.delhiathletics.com)

Address – G-3 & 4, Community Center, C-Block, Naraina Vihar, New Delhi-110028



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## **B. Age Categories:**

<b>Category</b>	<b>Born Between</b>
U-14 Boys & Girls <i>(Note: May participate in only one category of the three Triathlon events (besides Kids Javelin). All three events in the selected Triathlon are compulsory.)</i>	03 Apr 2012-05 Apr 2014
U-16 Boys & Girls	03 Apr 2010-05 Apr 2012
U-18 Boys & Girls	03 Apr 2008-05 Apr 2010
U-20 Boys & Girls	03 Apr 2006-05 Apr 2008
Men & Women	Born on or before 03 Apr 2006

## **C. Entry Procedure & Fee**

1. Online entries (for all age categories) can be submitted on the AFI website: <https://ors.indianathletics.in/#/login> from **26th Feb 2026 (evening) to 25th March 2026 (11:00 AM)**.

2. On-the-spot and late entries will not be accepted.

### **Entry Fee:**

3. Entry Fee of INR 300/- per athlete/Per event {U-14 to U-16 Year} , INR 400/- per athlete/Per event {U-18 Year} & INR 600/ per athlete / per event (Under-20 Year, Men & Women) will have to be paid online along with entry. Entry Fee of INR 600/- per athlete for Decathlon & Heptathlon will have to be paid online along with entry.

4. Entry fee is non-refundable. Change of event will not be permitted.

5. Athletes with confirmed online entries will be eligible to participate.

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- Athletes who fail to participate after sending entries without a valid reason may be barred from future events.
- The decision of the technical officials shall be final and binding.
- Any protest against the decision of the Technical Officials may be made to the jury with the Protest Fee of ₹2,000/-.

## **D. Bib Numbers**

Bib numbers will be distributed at **The Union Academy Senior Secondary School, Raja Bazar, Gole Market, Near Shivaji Stadium, New Delhi on the following dates and timings:**

- **01 April 2026:** 02:45 PM to 05:00 PM
- **02 April 2026:** 02:30 PM to 04:30 PM

Participants are required to produce their **original photo ID** and **entry receipt** at the time of collection.

## **E. Medals & Certificates**

- Medals will be awarded during the competition up to first three positions.
- For events with fewer than 3 entries, only trials will be conducted, with no medals or certificates will be awarded.
- Merit certificates will be issued only after receiving Dope Test clearance from NADA and after completion of age verification formalities.

## **F. Age Verification & Dope Testing**

- All results are subject to age verification.
- Doubtful cases of Age fraud will undergo a medical examination for age determination at the athlete's own cost.
- Dope samples will be collected by National Anti-Doping Agency (NADA) officials.

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## **G. Disclaimer**

Delhi Athletics shall not, under any circumstances, be held liable, whether directly, indirectly or consequentially, for any loss of life, bodily injury, illness or damage to property occurring in connection with or arising out of participation in the Delhi State Open Athletics Championships – April 2026. Participation in the Championships shall be deemed to constitute an acknowledgment and acceptance by the athlete that they assume full responsibility and risk for their involvement in the event. **Delhi Athletics will not be responsible for any payment failure, unsuccessful transaction, or delay caused due to technical, banking, or network-related issues.**

## **For Queries, Please Contact:**

- **Mrs. Sunita Rai** – 9891438386
- **Mr. Rakesh Birla** – 9971185705
- **Mr. Purushottam Dutt** – 9711494547
- **Mr. G. Krishnan** – 9582040882
- **Mr. Umang Rajput** – 9910884200

Further information will be available at: [www.delhiathletics.com](http://www.delhiathletics.com)

**Thanking you,**

**Yours sincerely,**

(Parth Goswami)  
Secretary, Delhi Athletics

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## Delhi State Open Athletics Championships-2026 LIST OF EVENTS

UNDER-14 YEARS(BOYS/GIRLS)			
S.NO	EVENTS	DESCRIPTION	
1.	<b>Triathlon(A)</b>	60m, Long Jump (5m approach), High Jump (Scissor)	
2.	<b>Triathlon(B)</b>	60m, Long Jump (5m approach), Back Throw (1kg Shot put)	
3.	<b>Triathlon(c)</b>	60m, Long Jump (5m approach),600m	
4.	<b>Kids Javelin</b>	With five meter run way	
UNDER-16 YEARS			
S.NO	BOYS	EVENTS	GIRLS
1.	-	<b>60m</b>	-
2.	0.838m	<b>80mH</b>	0.762m
3.		<b>600 m</b>	
4.	-	<b>High Jump (Scissor Only)</b>	-
5.	-	<b>Long Jump (5m Approach)</b>	-
6.	4kg	<b>Shotput (Standing)</b>	3kg
7.	600gms	<b>Javelin Throw (10m Approach)</b>	500gms
8.	- - 4kg -	<b>Pentathlon</b> 60m 80mH Long Jump (5m Approach) Shotput (Standing) 600m	- - 3kg -

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<b>UNDER-18 YEARS</b>			
<b>S.NO</b>	<b>BOYS</b>	<b>EVENTS</b>	<b>GIRLS</b>
1.	-	<b>100m</b>	-
2.	-	<b>200m</b>	-
3.	-	<b>400m</b>	-
4.	-	<b>1000m</b>	-
5.	-	<b>Long Jump</b>	-
6.	Fosbury Flop	<b>High Jump</b>	Fosbury Flop
7.	0.914m	<b>110mH/100mH</b>	0.762m
8.	5kg	<b>Shot Put</b>	3kg
9.	1.5kg	<b>Discus Throw</b>	1kg
10.	700gms	<b>Javelin Throw</b>	500g
11.	5km	<b>Walk</b>	3km
12.	0.914m Fosbury Flop 5kg - - 700gms -	<b>Heptathlon</b> 110mH/100mH High Jump Shot Put 200m Long Jump Javelin Throw 1000m	0.762m Fosbury Flop 3 kg - - 500gms -

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U-20 Boys/ Jr. Men	U-20 Girls/Jr. Women	Men	Women
100m	100m	100m	100m
200m	200m	200m	200m
400m	400m	400m	400m
800m	800m	800m	800m
1500m	1500m	1500m	1500m
3000m	3000m	5000m	5000m
5000m	5000m	10,000m	10,000m
5000m Race Walk	5000m Race Walk	10,000m Race Walk	10,000m Race Walk
110m Hurdles (0.99m)	100m Hurdles (0.84m)	110m Hurdles (1.067m)	100m Hurdles (0.838m)
400m Hurdles (0.914m)	400m Hurdles (0.762m)	400m Hurdles (0.914m)	400m Hurdles (0.762m)
3000M Steeple Chase	3000M Steeple chase	3000M Steeple chase	3000M Steeple chase
Long Jump	Long Jump	Long Jump	Long Jump
Triple Jump	Triple Jump	Triple Jump	Triple Jump
High Jump	High Jump	High Jump	High Jump
Pole Vault	Pole Vault	Pole Vault	Pole Vault
Shot Put (6.0 kg)	Shot Put (4.0 kg)	Shot Put (7.260 kg)	Shot Put (4.0 kg)
Discus Throw (1.75 Kg)	Discus Throw (1.0 KG)	Discus Throw (2.0 kg)	Discus Throw (1.0 KG)
Hammer Throw (6.0 kg)	Hammer Throw (4.0 kg)	Hammer Throw (7.260 kg)	Hammer Throw (4.0 kg)
Javelin Throw (800g)	Javelin Throw (600g)	Javelin Throw (800g)	Javelin Throw (600g)
Decathlon	Heptathlon	Decathlon	Heptathlon

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