

**DELHI
ATHLETICS**



86th DELHI STATE ANNUAL **ATHLETICS** CHAMPIONSHIPS-2026



07-09 AUGUST 2026



Jawaharlal Nehru Stadium, New Delhi

Organized by

DELHI ATHLETICS

Abhishek Tandon
President

Parth Goswami
Secretary



Competition Schedule

Rules & Regulations for 86th Delhi State Annual Athletics Championships- Aug 2026

1. **This is a tentative Order of Events / Schedule and may be changed or modified as per requirement and needs.**
2. BIB numbers will be distributed at **Jawaharlal Nehru Stadium, New Delhi** as per the following schedule:

- **06 August 2026:** 08:00 AM to 12:00PM & 02:00PM-07:00 PM

All participants must produce the following documents at the time of BIB collection:

Original Photo Identity Proof

Entry Receipt

Athletes who are unable to collect their BIB Number on the above date may collect it **on the day of their respective event, up to two (2) hours before the scheduled start of the competition**, subject to verification of the required documents.

For any queries related to **BIB numbers**, you may kindly contact the following **Mobile Numbers: 9013333600, 9811675671, 9999284421, 9582698491**

3. Athletes participating in **High Jump, Pole Vault, Javelin Throw, and Hammer Throw** must report **one hour prior** to their event. All other athletes must report **45 minutes before** their event.
4. In **track events**, the **top 8 athletes** will qualify for the **final**. If there are fewer than 8 participants, the event will be conducted as a **direct final**.
5. Events with fewer than **4 participants** will be treated as **trial events**. **No medals or certificates** will be awarded for such events.
6. All protests must be submitted to the TIC within 30 minutes of the official announcement of the result, accompanied by a fee of ₹2,000, in accordance with AFI rules. The decision of the Jury shall be final and binding.
7. **Hurdle events** and races such as **800m, 1500m, 3000m, 5000m, and 10,000m** will be conducted as **time trials**.
8. Athletes intending to use their **own equipment** must submit it at least **two hours before** the event.
9. The **Under-14 Triathlon** will be conducted as a **direct final**. The winner will be decided based on **total points**.
10. All athletes are subject to **age verification**. **Final results** will be confirmed only after **successful verification**, if selected.
11. All athletes are required to carry original documents, including the **Date of Birth Certificate, Class X Certificate, School/College ID Card, UID, and any other valid age proof**. In the absence of these documents, participation may be denied.
12. Event timings are **tentative**. Athletes are advised to remain **alert for updates or changes**.
13. Any form of **indiscipline** will not be tolerated and may result in **disqualification**.
14. All athletes who **qualify for the finals** in any event are required to **participate in the finals**. Any athlete who, without **prior approval**, fails to participate shall be liable for **disciplinary action** in accordance with the rules of the **Athletics Federation of India (AFI)**. Exemption from participation may be granted only in **exceptional circumstances**, subject to **prior approval of the jury**.

Rules & Regulations for 86th Delhi State Annual Athletics Championships- Aug 2026

1. यह कार्यक्रमों की अस्थायी क्रम सूची / समय-सारणी है, जिसे आवश्यकता एवं परिस्थितियों के अनुसार बदला या संशोधित किया जा सकता है।
2. **बिब (BIB)** नंबर का वितरण जवाहरलाल नेहरू स्टेडियम, नई दिल्ली में निम्नलिखित कार्यक्रम के अनुसार किया जाएगा:
06 अगस्त 2026: प्रातः 08:00 बजे से 12:00 बजे तक एवं दोपहर 02:00 बजे से सायं 07:00 बजे तक
बिब (BIB) नंबर प्राप्त करते समय सभी प्रतिभागियों को निम्नलिखित दस्तावेजों की मूल प्रति प्रस्तुत करना अनिवार्य होगा:
मूल फोटो पहचान पत्र (Original Photo Identity Proof)
प्रवेश रसीद (Entry Receipt)
जो खिलाड़ी उपर्युक्त तिथि पर अपना बिब (BIB) नंबर प्राप्त नहीं कर पाते हैं, वे अपने संबंधित प्रतियोगिता दिवस पर, निर्धारित प्रतियोगिता प्रारम्भ होने से दो (2) घंटे पूर्व तक, आवश्यक दस्तावेजों के सत्यापन उपरांत अपना बिब (BIB) नंबर प्राप्त कर सकते हैं। बिब (BIB) नंबर से संबंधित किसी भी जानकारी या सहायता के लिए कृपया निम्नलिखित **मोबाइल नंबरों** पर संपर्क करें:
9013333600, 9811675671, 9999284421, 9582698491
3. ☐ हाई जंप, पोल वॉल्ट, जैवलिन थ्रो एवं हैमर थ्रो में भाग लेने वाले खिलाड़ियों को अपने इवेंट से 1 घंटा पूर्व रिपोर्ट करना होगा। अन्य सभी खिलाड़ियों को अपने इवेंट से 45 मिनट पूर्व रिपोर्ट करना अनिवार्य है।
4. ☐ ट्रैक इवेंट्स में शीर्ष 8 खिलाड़ी फाइनल के लिए क्वालिफाई करेंगे। यदि प्रतिभागियों की संख्या 8 से कम होती है, तो इवेंट सीधे फाइनल के रूप में आयोजित किया जाएगा।
5. ☐ जिन इवेंट्स में 4 से कम प्रतिभागी होंगे, उन्हें ट्रायल इवेंट माना जाएगा। ऐसे इवेंट्स में कोई पदक या प्रमाण पत्र प्रदान नहीं किया जाएगा।
6. ☐ सभी आपत्तियाँ (प्रोटेस्ट) परिणाम की आधिकारिक घोषणा के 30 मिनट के भीतर TIC में ₹2,000 शुल्क के साथ जमा करनी होंगी, जैसा कि Athletics Federation of India (AFI) के नियमों में निर्धारित है। जूरी का निर्णय अंतिम एवं बाध्यकारी होगा।
7. ☐ हर्डल रेस एवं 800m, 1500m, 3000m, 5000m तथा 10,000m दौड़ प्रतियोगिताएँ टाइम ट्रायल के आधार पर आयोजित की जाएंगी।
8. ☐ जो खिलाड़ी अपना स्वयं का उपकरण उपयोग करना चाहते हैं, उन्हें इवेंट से कम से कम 2 घंटे पूर्व उपकरण जमा कराना होगा।
9. ☐ अंडर-14 ट्रायथलॉन सीधे फाइनल के रूप में आयोजित किया जाएगा। विजेता का निर्णय कुल अंकों के आधार पर किया जाएगा।
10. ☐ सभी खिलाड़ियों की आयु सत्यापन के अधीन होगी। चयनित खिलाड़ियों के परिणाम सफल सत्यापन के पश्चात ही अंतिम माने जाएंगे।
11. ☐ सभी खिलाड़ियों को अपने मूल दस्तावेज साथ लाना अनिवार्य है, जिनमें जन्म प्रमाण पत्र, कक्षा 10वीं का प्रमाण पत्र, स्कूल/कॉलेज आईडी कार्ड, UID तथा अन्य वैध आयु प्रमाण शामिल हैं। दस्तावेजों के अभाव में भागीदारी से वंचित किया जा सकता है।
12. ☐ इवेंट का समय अस्थायी (Tentative) है। खिलाड़ियों को किसी भी अपडेट या परिवर्तन के लिए सतर्क रहने की सलाह दी जाती है।
13. ☐ किसी भी प्रकार की अनुशासनहीनता बर्दाश्त नहीं की जाएगी तथा इससे अयोग्यता (Disqualification) हो सकती है।
14. ☐ जो खिलाड़ी किसी भी इवेंट के फाइनल के लिए क्वालिफाई करते हैं, उनके लिए फाइनल में भाग लेना अनिवार्य होगा। कोई भी खिलाड़ी यदि बिना पूर्व अनुमति के फाइनल में भाग नहीं लेता है, तो उसके विरुद्ध Athletics Federation of India (AFI) के नियमों के अनुसार अनुशासनात्मक कार्रवाई की जा सकती है। विशेष परिस्थितियों में, जूरी की पूर्व अनुमति से ही छूट प्रदान की जाएगी।

86th DELHI STATE ANNUAL ATHLETICS CHAMPIONSHIP{07-09 AUG 2026}					
Jawaharlal Nehru Stadium, New Delhi					
TENTATIVE SCHEDULE {Version 1.0}				As on 04.08.2026	
DAY-01 {07 AUG 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
101	0630hrs	10000m	MEN (38.00.00)	MEN	FINAL
102	0630hrs	10000m	WOMEN (47.00.00)	WOMEN	FINAL
103	0730hrs	1500m		JR MEN (BOYS-20)	TIME TRIAL/FINAL
104	0740hrs	1500m		JR WOMEN (GIRLS-20)	TIME TRIAL/FINAL
105	0750hrs	1500m		MEN	TIME TRIAL/FINAL
106	0800hrs	1500m		WOMEN	TIME TRIAL/FINAL
107	0800hrs	HIGH JUMP		WOMEN	FINAL
108	0800hrs	HIGH JUMP		JR WOMEN (GIRLS- 20)	FINAL
109	0800hrs	KIDS JAVELIN	(5m APPROACH)	GIRLS-14	FINAL
110	0800hrs	KIDS JAVELIN	(5m APPROACH)	BOYS-14	FINAL
111	0810hrs	100m		MEN	DECA-1
112	0815hrs	100m		JR MEN (BOYS-20)	DECA-1
113	0825hrs	1000m		BOYS-18	FINAL
114	0830hrs	LONG JUMP		MEN	DECA-2
115	0830hrs	LONG JUMP		JR MEN (BOYS-20)	DECA-2
116	0840hrs	1000m		GIRLS-18	FINAL
117	0845hrs	600m		BOYS-16	TIME TRIAL / FINAL
118	0900hrs	600m		GIRLS-16	TIME TRIAL / FINAL
119	0900hrs	JAVELIN THROW	500 gm (10m APPROACH)	GIRLS - 16	FINAL
120	0900hrs	JAVELIN THROW	600gm (10m APPROACH)	BOYS - 16	FINAL
121	0910hrs	60m		GIRLS-14	TRIATHLON - B
122	0920hrs	60m		BOYS-14	TRIATHLON - B
123	0930hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - B
124	0930hrs	SHOTPUT	7.26kg	MEN	DECA-3
125	0930hrs	SHOTPUT	6kg	JR MEN (BOYS 20)	DECA-3
126	0935hrs	400m		BOYS-18	HEATS
127	0955hrs	400m		JR MEN (BOYS-20)	HEATS
128	1000hrs	POLE VAULT		JR WOMEN (GIRLS-20)	FINAL
129	1000hrs	POLE VAULT		WOMEN	FINAL
130	1000hrs	POLE VAULT		JR MEN (BOYS-20)	FINAL

131	1000hrs	POLE VAULT		MEN	FINAL
132	1010hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - B
133	1015hrs	400m		MEN	HEATS
134	1045hrs	80m HURDLE	Boys 16 – 0.838 m, (07 Flight)	BOYS - 16	TIME TRIAL / FINAL
135	1100hrs	80m HURDLE	Girls 16 - 0.762m (08 flight)	GIRLS - 16	TIMR TRIAL / FINAL
136	1100hrs	HIGH JUMP		MEN	DECA-4
137	1100hrs	HIGH JUMP		JR MEN (BOYS-20)	DECA-4
138	1100hrs	SHOTPUT	1kg BACK THROW	TRIATHLON GIRLS-14	TRIATHLON B
139	1100hrs	LONG JUMP	(5mAPPROACH)	GIRLS-16	FINAL
140	1120hrs	100m(H)	0.838m (10 flight)	JR WOMEN (GIRLS-20)	TIME TRIAL/FINAL
141	1125hrs	100m(H)	0.838m (10 flight)	WOMEN	TIME TRIAL/FINAL
142	1145hrs	110m(H)	Boys 18 – 0.914m (10 Flights)	BOYS - 18	TIME TRIAL / FINAL
143	1155hrs	110m(H)	Jr. Men – 0.99m (10 Flights)	JR MEN (BOYS - 20)	TIME TRIAL / FINAL
144	1200hrs	LONG JUMP	(5m APPROACH)	BOYS-16	FINAL
145	1200hrs	SHOTPUT	1kg BACK THROW	TRIATHLON BOYS - 14	TRIATHLON B
146	1215hrs	110m(H)	Men 1.067m (10 Flights)	MEN	TIME TRIAL / FINAL
BREAK					
147	1400hrs	LONG JUMP		WOMEN	FINAL
148	1400hrs	LONG JUMP		JR WOMEN (GIRLS- 20)	FINAL
149	1400hrs	400m		GIRLS-18	FINAL
150	1400hrs	JAVELIN THROW	600gm	WOMEN	FINAL
151	1400hrs	JAVELIN THROW	600gm	JR WOMEN (GIRLS-20)	FINAL
152	1400hrs	JAVELIN THROW	500 gm.	GIRLS-18	FINAL
153	1410hrs	400m		BOYS-18	FINAL
154	1420hrs	400m		JR WOMEN (GIRLS- 20)	FINAL
155	1430hrs	400m		JR MEN (BOYS-20)	FINAL
156	1440hrs	400m		WOMEN	FINAL
157	1450hrs	400m		MEN	FINAL
158	1500hrs	400m		MEN	DECA-5
159	1500hrs	JAVELIN THROW	700gm.	BOYS-18	FINAL
160	1505hrs	400m		JR MEN (BOYS - 20)	DECA-5
161	1540hrs	JAVELIN THROW	800 gm.	JR MEN (BOYS - 20)	FINAL
162	1630hrs	JAVELIN THROW	800 gm.	Men	FINAL

86th DELHI STATE ANNUAL ATHLETICS CHAMPIONSHIP{07-09 AUG 2026}					
Jawaharlal Nehru Stadium, New Delhi					
TENTATIVE SCHEDULE {Version 1.0}				As on 04.08.2026	
DAY-02 {08 AUG 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
201	0700hrs	10000m Race Walk	Men - (50 Mnt)	MEN	FINAL
202	0700hrs	10000m Race Walk	Women - 20km-(1hr)	WOMEN	FINAL
203	0700hrs	5000m Race Walk	JE MEN (Boys - 20) (25 Min)	JR MEN (BOYS - 20)	FINAL
204	0700hrs	5000m Race Walk	JR WOMEN (Girls - 20) (30 Min)	JR WOMEN (GIRLS-20)	FINAL
205	0700hrs	RACE WALK 5000m(05KM)	(30 Min)	BOYS-18	FINAL
206	0700hrs	RACE WALK 3000m (03KM)	(22 Min)	GIRLS - 18	FINAL
207	0800hrs	HIGH JUMP		GIRLS-18	FINAL
208	0800hrs	SHOTPUT	5kg	BOYS-18	FINAL
209	0830hrs	60m		BOYS-16	PENTA-1
210	0840hrs	60m		GIRLS-16	PENTA-1
211	0845hrs	60m		BOYS-14	TRIATHLON - A
212	0855hrs	60m		GIRLS-14	TRIATHLON - A
213	0900hrs	DISCUS THROW	1kg	JR WOMEN (GIRLS-20)	FINAL
214	0900hrs	DISCUS THROW	1KG	GIRLS-18	FINAL
215	0900hrs	DISCUS THROW	1kg	WOMEN	FINAL
216	0900hrs	HIGH JUMP		BOYS-18	FINAL
217	0900hrs	LONG JUMP	(5m APPROACH)	BOYS-16	PENTA-2
218	0900hrs	SHOTPUT	6kg	JR MEN (BOYS-20)	FINAL
219	0905hrs	100m		GIRLS 18	HEATS
220	0915hrs	100m		BOYS - 18	HEATS
221	0945hrs	100m		JR MEN (BOYS-20)	HEATS
222	0945hrs	LONG JUMP	(5m APPROACH)	GIRLS-16	PENTA-2
223	1000hrs	100m		WOMEN	HEATS
224	1010hrs	100m		MEN	HEATS
225	1045hrs	110m(H)	Men 1.067m (10 Flights)	DECATHLON MEN	DECA-6
226	1045hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - A
227	1055hrs	110m(H)	Jr. Men – 0.99m (10 Flights)	DECATHLON JR MEN (BOYS - 20)	DECA-6
228	1105hrs	110m(H)	Boys 18 – 0.914m (10 Flights)	HEPTATHLON (BOYS - 18)	HEPTA - 1
229	1115hrs	DISCUS THROW	2kg	MEN	DECA-7
230	1115hrs	DISCUS THROW	1.75KG	JR MEN (BOYS - 20)	DECA-7
231	1120hrs	100m(H)	0.838m (10 flight)	HEPTATHLON WOMEN	HEPTA-1
232	1130hrs	100m(H)	0.838m (10 flight)	HEPTATHLON JR WOMEN (GIRLS - 20)	HEPTA-1
233	1130hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - A

234	1140hrs	100m(H)	0.762m (10 Flights)	HEPTATHLON (GIRLS - 18)	HEPTA-1
235	1140hrs	HIGH JUMP		HEPTATHLON BOYS-18	HEPTA-2
236	1145hrs	100m(H)	0.762m (10 Flights)	GIRLS-18	TIME TRIAL/FINAL
237	1200hrs	80m HURDLE	Boys 16 – 0.838 m, (07 Flight)	PENTATHLON (BOYS - 16)	PENTA - 3
238	1200hrs	POLE VAULT		DECATHLON MEN	DECA - 8
239	1200hrs	POLE VAULT		DECATHLON JR MEN (BOYS-20)	DECA - 8
240	1200hrs	HIGH JUMP		HEPTATHLON WOMEN	HEPTA-2
241	1200hrs	HIGH JUMP		HEPTATHLON GIRLS- 20	HEPTA-2
242	1200hrs	HIGH JUMP		HEPTATHLON GIRLS-18	HEPTA-2
243	1215hrs	80m HURDLE	Girls 16 - 0.762m (08 flight)	PENTATHLON (GIRLS - 16)	PENTA-3
BREAK					
244	1600hrs	SHOTPUT	Boys - 18 (5kg)	HEPTATHLON BOYS-18	HEPTA-3
245	1600hrs	JAVELIN THROW	800 gm.	DECATHLON MEN	DECA - 9
246	1600hrs	JAVELIN THROW	800 gm.	DECATHLON JR MEN (BOYS - 20)	DECA - 9
247	1600hrs	HIGH JUMP	{SCISSORS}	BOYS-14	TRIATHLON A
248	1600hrs	100m		GIRLS 18	FINAL
249	1610hrs	100m		BOYS - 18	FINAL
250	1615hrs	TRIPLEJUMP		JR WOMEN (GIRLS-20)	FINAL
251	1615hrs	TRIPLEJUMP		WOMEN	FINAL
252	1620hrs	100m		JR WOMEN (GIRLS 20)	FINAL
253	1630hrs	SHOTPUT	Women- 4kg	HEPTATHLON WOMEN	HEPTA-3
254	1630hrs	SHOTPUT	Jr women GIRLS - 20 (4kg)	HEPTATHLON JR WOMEN (GIRLS- 20)	HEPTA-3
255	1630hrs	SHOTPUT	Girls - 18 (3kg)	HEPTATHLON GIRLS-18	HEPTA-3
256	1630hrs	100m		JR MEN (BOYS-20)	FINAL
257	1640hrs	100m		WOMEN	HEATS
258	1650hrs	100m		MEN	FINAL
259	1700hrs	TRIPLE JUMP		JR MEN (BOYS-20)	FINAL
260	1700hrs	TRIPLE JUMP		MEN	FINAL
261	1700hrs	HIGH JUMP	{SCISSORS}	GIRLS-14	TRIATHLON A
262	1700hrs	200m		HEPTATHLON BOYS-18	HEPTA-4
263	1710hrs	200m		HEPTATHLON WOMEN	HEPTA-4
264	1720hrs	200m		HEPTATHLON JR WOMEN (GIRLS- 20)	HEPTA-4
265	1730hrs	SHOTPUT	7.26kg	MEN	FINAL
266	1730hrs	200m		HEPTATHLON GIRLS-18	HEPTA-4
267	1740hrs	1500m		MEN	DECA-10
268	1740hrs	1500m		JR MEN (BOYS - 20)	DECA-10
269	1750hrs	3000m		JR MEN (BOYS - 20)	FINAL
270	1805hrs	3000m		JR WOMEN (GIRLS - 20)	FINAL

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Jawaharlal Nehru Stadium, New Delhi					
TENTATIVE SCHEDULE {Version 1.0}				As on 04.08.2026	
DAY-03 {09 AUG 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
301	0630hrs	5000m	Men - (17:00.00 Min)	MEN	FINAL
302	0630hrs	5000m	JR Men BOYS - 20 (18:00.00Min)	JR MEN (BOYS - 20)	FINAL
303	0655hrs	5000m	WOMEN - (23:00.00)	WOMEN	FINAL
304	0655hrs	5000m	Jr Women GIRLS - 20 (25:00.0min)	JR WOMEN (GIRLS - 20)	FINAL
305	0700hrs	LONG JUMP		HEPTATHLON BOYS-18	HEPTA-5
306	0725hrs	800m		MEN	TIME TRIAL/FINAL
307	0735hrs	800m		JR MEN (BOYS-20)	TIME TRIAL/FINAL
308	0740hrs	LONG JUMP		HEPTATHLON WOMEN	HEPTA-5
309	0740hrs	LONG JUMP		HEPTATHLON JR WOMEN (GIRLS- 20)	HEPTA-5
310	0740hrs	LONG JUMP		HEPTATHLON GIRLS-18	HEPTA-5
311	0745hrs	800m		WOMEN	TIME TRIAL/FINAL
312	0755hrs	800m		JR WOMEN(GIRLS- 20)	TIME TRIAL/FINAL
313	0800hrs	SHOTPUT	3Kg (STANDING)	GIRLS-16	FINAL
314	0800hrs	HIGH JUMP	{SCISSORS}	BOYS-16	FINAL
315	0805hrs	60m		BOYS-14	TRIATHLON - C
316	0820hrs	60m		GIRLS-14	TRIATHLON - C
317	0835hrs	60m		BOYS -16	HEATS
318	0840hrs	SHOTPUT	4 KG (STANDING)	BOYS-16	FINAL
319	0855hrs	60m		GIRLS -16	HEATS
320	0900hrs	LONG JUMP	(5m APPROACH)	BOYS-14	TRIATHLON - C
321	0900hrs	HIGH JUMP	{SCISSORS}	GIRLS-16	FINAL
322	0900hrs	DISCUS THROW	1.5kg	BOYS-18	FINAL
323	0900hrs	JAVELIN THROW	Boys - 18 (700gm)	HEPTATHLON BOYS-18	HEPTA-6
324	0910hrs	200m		GIRLS- 18	HEATS
325	0920hrs	200m		BOYS-18	HEATS
326	0940hrs	200m		JR MEN (Boys - 20)	HEATS
327	0955hrs	200m		MEN	HEATS
328	1000hrs	SHOTPUT	Boys 16 – 4 Kg (Standing)	PENTATHLON BOYS-16	PENTA-4
329	1000hrs	JAVELIN THROW	WOMEN (600gm)	HEPTATHLON WOMEN	HEPTA-6
330	1000hrs	JAVELIN THROW	JR WOMEN GIRLS - 20 (600gm)	HEPTATHLON JR WOMEN (GIRLS- 20)	HEPTA-6
331	1000hrs	JAVELIN THROW	Girls - 18 (500gm)	HEPTATHLON GIRLS-18	HEPTA-6
332	1000hrs	LONG JUMP	(5m APPROACH)	GIRLS -14	TRIATHLON - C
333	1020hrs	400m(H)	0.914m	MEN	TIME TRIAL/FINAL
334	1030hrs	DISCUS THROW	1.75KG	JR MEN (BOYS-20)	FINAL

335	1030hrs	400m(H)	0.914m	JR MEN (BOYS-20)	TIME TRIAL/FINAL
336	1040hrs	400m(H)	0.762m	WOMEN	TIME TRIAL/FINAL
337	1045hrs	400m(H)	0.762m	JR WOMEN (GIRLS - 20)	TIME TRIAL/FINAL
338	1100hrs	SHOTPUT	Girls 16 - 3kg (Standing)	PENTATHLON GIRLS-16	PENTA-4
339	1115hrs	60m		BOYS - 16	FINAL
340	1120hrs	60m		GIRLS - 16	FINAL
341	1130hrs	LONG JUMP		GIRLS-18	FINAL
342	1140hrs	SHOTPUT	3kg	GIRLS-18	FINAL
BREAK					
343	1400hrs	DISCUS THROW	2kg	MEN	FINAL
344	1400hrs	LONG JUMP		BOYS-18	FINAL
345	1400hrs	200m		GIRLS- 18	FINAL
346	1405hrs	200m		BOYS-18	FINAL
347	1410hrs	200m		JR.WOMEN (GIRLS - 20)	FINAL
348	1415hrs	200m		JR MEN (Boys - 20)	FINAL
349	1420hrs	200m		WOMEN	FINAL
350	1425hrs	200m		MEN	FINAL
351	1430hrs	600m		TRIATHLON BOYS-14	TRIATHLON C
352	1440hrs	600m		TRIATHLON GIRLS-14	TRIATHLON C
353	1450hrs	600m		PENTATHLON BOYS-16	PENTA-5
354	1500hrs	LONG JUMP		JR MEN (BOYS-20)	FINAL
355	1500hrs	LONG JUMP		MEN	FINAL
356	1500hrs	600m		PENTATHLON GIRLS-16	PENTA-5
357	1500hrs	SHOTPUT	4 kg	WOMEN	FINAL
358	1500hrs	SHOTPUT	4 kg	JR WOMEN (GIRLS - 20)	FINAL
359	1500hrs	HAMMER THROW	4.000 kg	WOMEN	FINAL
360	1500hrs	HAMMER THROW	4.000 kg	JR WOMEN (GIRLS - 20)	FINAL
361	1500hrs	HIGH JUMP		MEN	FINAL
362	1500hrs	HIGH JUMP		JR MEN (BOYS-20)	FINAL
363	1510hrs	1000m		HEPTATHLON BOYS-18	HEPTA-7
364	1510hrs	1000M		HEPTATHLON GIRLS-18	HEPTA-7
365	1520hrs	800m		HEPTATHLON WOMEN	HEPTA-7
366	1520hrs	800m		HEPTATHLON JR WOMEN (GIRLS- 20)	HEPTA-7
367	1530hrs	3000mSC	0.914M	MEN	FINAL
368	1530hrs	3000mSC	0.914M	JR MEN (BOYS - 20)	FINAL
369	1540hrs	HAMMER THROW	7.26kg	MEN	FINAL
370	1540hrs	HAMMER THROW	6.000 kg	JR MEN (BOYS-20)	FINAL
371	1545hrs	3000mSC	0.762 M	WOMEN	FINAL
372	1545hrs	3000mSC	0.762 M	JR WOMEN (GIRLS - 20)	FINAL