



1ST DELHI STATE KIDS ATHLETICS CHAMPIONSHIPS



**General Rules & Regulations
&
Competition Schedule 1.0**

Rules & Regulations

1st Delhi State Kids Athletics Championships – September 2026

S. No.	English	हिन्दी
1	This is a tentative Order of Events / Schedule and may be changed or modified as per requirement and needs.	यह एक अस्थायी (अनंतिम) इवेंट क्रम / कार्यक्रम है और आवश्यकता एवं ज़रूरत के अनुसार इसे बदला या संशोधित किया जा सकता है।
2	BIB numbers will be distributed at Jawaharlal Nehru Stadium, New Delhi as per the following schedule:	बिब (BIB) नंबर जवाहरलाल नेहरू स्टेडियम, नई दिल्ली में निम्नलिखित कार्यक्रम के अनुसार वितरित किए जाएंगे:
3	31 August 2026: 09:00 AM to 02:00 PM	31 अगस्त 2026: प्रातः 09:00 बजे से दोपहर 02:00 बजे तक
4	All participants must produce the following documents at the time of BIB collection: Original Photo Identity Proof; Entry Receipt.	सभी प्रतिभागियों को बिब नंबर लेते समय निम्नलिखित दस्तावेज़ प्रस्तुत करने होंगे: मूल फोटो पहचान प्रमाण; प्रवेश रसीद (एंट्री रसीद)।
5	Athletes who are unable to collect their BIB Number on the above date may collect it on the day of their respective event, up to two (2) hours before the scheduled start of the competition, subject to verification of the required documents.	जो एथलीट उपर्युक्त तिथि पर अपना बिब नंबर नहीं ले पाते, वे अपने संबंधित इवेंट के दिन, प्रतियोगिता के निर्धारित प्रारंभ समय से दो (2) घंटे पहले तक, आवश्यक दस्तावेज़ों के सत्यापन के अधीन, इसे प्राप्त कर सकते हैं।
6	For any queries related to BIB numbers, you may kindly contact the following mobile numbers: 9013333600, 9811675671, 9999284421, 9582698491.	बिब नंबर से संबंधित किसी भी प्रश्न के लिए, कृपया निम्नलिखित मोबाइल नंबरों पर संपर्क करें: 9013333600, 9811675671, 9999284421, 9582698491।
7	Barefoot participation is not allowed in any event. All athletes must wear sports shoes or spikes.	किसी भी इवेंट में नंगे पैर भाग लेने की अनुमति नहीं है। सभी एथलीटों को स्पोर्ट्स जूते या स्पाइक्स पहनना अनिवार्य है।
8	All races will be treated as final races. There will be no separate finals. 1st,	सभी दौड़ें फाइनल दौड़ मानी जाएंगी। कोई अलग फाइनल नहीं होगा। प्रत्येक दौड़ में पहला, दूसरा और तीसरा स्थान पुरस्कृत किया जाएगा।

S. No.	English	हिन्दी
	2nd, and 3rd positions will be awarded in each race.	
9	In the Long Jump, athletes are allowed a maximum 5-metre approach run.	लंबी कूद (लॉन्ग जंप) में एथलीटों को अधिकतम 5 मीटर का दौड़-पथ (अप्रोच रन) लेने की अनुमति है।
10	In Long Jump and Ball Throw, each athlete will get only 3 attempts. The athlete who achieves the maximum distance in their 3 attempts will be declared the winner of their respective age group.	लंबी कूद और बॉल थ्रो में प्रत्येक एथलीट को केवल 3 प्रयास मिलेंगे। जो एथलीट अपने 3 प्रयासों में अधिकतम दूरी प्राप्त करता है, उसे उसके संबंधित आयु वर्ग का विजेता घोषित किया जाएगा।
11	All athletes must report to the Call Room 45 minutes before their event. Reporting in the Call Room is compulsory before participating in the event.	सभी एथलीटों को अपने इवेंट से 45 मिनट पहले कॉल रूम में रिपोर्ट करना होगा। इवेंट में भाग लेने से पहले कॉल रूम में रिपोर्ट करना अनिवार्य है।
12	A standing start will be used for the 40m and 60m races. The starting command will be "On your marks", followed by the gun sound.	40 मीटर और 60 मीटर दौड़ के लिए स्टैंडिंग स्टार्ट (खड़े होकर शुरुआत) का उपयोग किया जाएगा। शुरुआती आदेश "ऑन योर मार्क्स" होगा, जिसके बाद गन (पिस्तौल) की आवाज़ होगी।
13	Athletes must carefully check their RACE number for running events and their GROUP number for jumps and throws. If an athlete misses their RACE No. or GROUP No., no second chance will be given. Athletes are responsible for reporting to the correct RACE/GROUP on time.	एथलीटों को दौड़ इवेंट के लिए अपना रेस (RACE) नंबर और कूद व थ्रो के लिए अपना ग्रुप (GROUP) नंबर ध्यानपूर्वक जांचना चाहिए। यदि कोई एथलीट अपना रेस नंबर या ग्रुप नंबर चूक जाता है, तो दूसरा मौका नहीं दिया जाएगा। सही रेस/ग्रुप में समय पर रिपोर्ट करना एथलीट की जिम्मेदारी है।
14	During the event, the responsibility for the care, supervision, safety, and custody of participating children shall remain with their respective parents, teachers, or guardians. The event organizers shall not be responsible for the supervision or custody of children outside the designated event activities.	कार्यक्रम के दौरान बच्चों की देखभाल, निगरानी, सुरक्षा एवं अभिरक्षा की पूरी जिम्मेदारी उनके संबंधित माता-पिता, शिक्षक अथवा अभिभावक की होगी। आयोजन समिति बच्चों की निगरानी अथवा अभिरक्षा के लिए जिम्मेदार नहीं होगी।

1st DELHI STATE KIDS ATHLETICS CHAMPIONSHIPS 2026					
Jawaharlal Nehru Stadium, New Delhi, 01st & 02nd Sep 2026					
TENTATIVE SCHEDULE {Version 1.0}				As on 29.08.2026	
DAY-01 {01 SEP 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
TRACK/RUNNING EVENT					
101	0900 HRS	60M	RACE 1	U-12 GIRLS	FINAL
102	0905 HRS	60M	RACE 2	U-12 GIRLS	FINAL
103	0910 HRS	60M	RACE 3	U-12 GIRLS	FINAL
104	0915 HRS	60M	RACE 4	U-12 GIRLS	FINAL
105	0920 HRS	60M	RACE 5	U-12 GIRLS	FINAL
106	0925 HRS	60M	RACE 6	U-12 GIRLS	FINAL
107	0930 HRS	60M	RACE 7	U-12 GIRLS	FINAL
108	0935 HRS	60M	RACE 8	U-12 GIRLS	FINAL
109	0940 HRS	60M	RACE 9	U-12 GIRLS	FINAL
110	0945 HRS	60M	RACE 10	U-12 GIRLS	FINAL
111	0950 HRS	60M	RACE 11	U-12 GIRLS	FINAL
112	0955 HRS	60M	RACE 12	U-12 GIRLS	FINAL
113	1000 HRS	60M	RACE 13	U-12 GIRLS	FINAL
114	1005 HRS	60M	RACE 14	U-12 GIRLS	FINAL
115	1010 HRS	60M	RACE 15	U-12 GIRLS	FINAL
116	1020 HRS	60M	RACE 16	U-12 GIRLS	FINAL
117	1040 HRS	60M	RACE 1	U-12 BOYS	FINAL
118	1045 HRS	60M	RACE 2	U-12 BOYS	FINAL
119	1050 HRS	60M	RACE 3	U-12 BOYS	FINAL
120	1055 HRS	60M	RACE 4	U-12 BOYS	FINAL
121	1100 HRS	60M	RACE 5	U-12 BOYS	FINAL
122	1105 HRS	60M	RACE 6	U-12 BOYS	FINAL
123	1110 HRS	60M	RACE 7	U-12 BOYS	FINAL
124	1115 HRS	60M	RACE 8	U-12 BOYS	FINAL
125	1120 HRS	60M	RACE 9	U-12 BOYS	FINAL

126	1125 HRS	60M	RACE 10	U-12 BOYS	FINAL
127	1130 HRS	60M	RACE 11	U-12 BOYS	FINAL
128	1135 HRS	60M	RACE 12	U-12 BOYS	FINAL
129	1140 HRS	60M	RACE 13	U-12 BOYS	FINAL
130	1145 HRS	60M	RACE 14	U-12 BOYS	FINAL
131	1150 HRS	60M	RACE 15	U-12 BOYS	FINAL
132	1155 HRS	60M	RACE 16	U-12 BOYS	FINAL
133	1200 HRS	60M	RACE 17	U-12 BOYS	FINAL
134	1205 HRS	60M	RACE 18	U-12 BOYS	FINAL
135	1210 HRS	60M	RACE 19	U-12 BOYS	FINAL
136	1215 HRS	60M	RACE 20	U-12 BOYS	FINAL
137	1220 HRS	60M	RACE 21	U-12 BOYS	FINAL
138	1225 HRS	60M	RACE 22	U-12 BOYS	FINAL
139	1230 HRS	60M	RACE 23	U-12 BOYS	FINAL
140	1235 HRS	60M	RACE 1	U-10 GIRLS	FINAL
141	1240 HRS	60M	RACE 2	U-10 GIRLS	FINAL
142	1245 HRS	60M	RACE 3	U-10 GIRLS	FINAL
143	1250 HRS	60M	RACE 4	U-10 GIRLS	FINAL
144	1255 HRS	60M	RACE 5	U-10 GIRLS	FINAL
145	1300 HRS	60M	RACE 6	U-10 GIRLS	FINAL
146	1305 HRS	60M	RACE 7	U-10 GIRLS	FINAL
147	1310 HRS	60M	RACE 8	U-10 GIRLS	FINAL
148	1315 HRS	60M	RACE 9	U-10 GIRLS	FINAL
149	1320 HRS	60M	RACE 10	U-10 GIRLS	FINAL
150	1325 HRS	60M	RACE 11	U-10 GIRLS	FINAL
151	1330 HRS	60M	RACE 12	U-10 GIRLS	FINAL
152	1335 HRS	60M	RACE 13	U-10 GIRLS	FINAL
153	1340 HRS	60M	RACE 14	U-10 GIRLS	FINAL
154	1345 HRS	60M	RACE 15	U-10 GIRLS	FINAL
155	1350 HRS	60M	RACE 16	U-10 GIRLS	FINAL
156	1355 HRS	60M	RACE 17	U-10 GIRLS	FINAL

JUMP EVENT {01 Sep 2026}

157	0900 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-08 GIRLS	FINAL
158	0900 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-08 GIRLS	FINAL
159	0925 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-08 GIRLS	FINAL
160	0925 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-08 GIRLS	FINAL
161	0950 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-08 BOYS	FINAL
162	0950 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-08 BOYS	FINAL
163	1015 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-08 BOYS	FINAL
164	1015 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-08 BOYS	FINAL
165	1140 HRS	LONG JUMP	GROUP 5 {LONG JUMP PIT 01}	U-08 BOYS	FINAL
166	1205 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-12 GIRLS	FINAL
167	1205 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-12 GIRLS	FINAL
168	1230 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-12 GIRLS	FINAL
169	1230 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-12 GIRLS	FINAL
170	1255 HRS	LONG JUMP	GROUP 5 {LONG JUMP PIT 01}	U-12 GIRLS	FINAL
171	1255 HRS	LONG JUMP	GROUP 6 {LONG JUMP PIT 02}	U-12 GIRLS	FINAL
172	1320 HRS	LONG JUMP	GROUP 7 {LONG JUMP PIT 01}	U-12 GIRLS	FINAL
173	1320 HRS	LONG JUMP	GROUP 8 {LONG JUMP PIT 02}	U-12 GIRLS	FINAL

THROW EVENT {01 Sep 2026}

174	0900 HRS	BALL THROW	GROUP 1 {THROWING ARENA 01}	U-10 GIRLS	FINAL
175	0900 HRS	BALL THROW	GROUP 2 {THROWING ARENA 02}	U-10 GIRLS	FINAL
176	0925 HRS	BALL THROW	GROUP 1 {THROWING ARENA 01}	U-10 BOYS	FINAL
177	0925 HRS	BALL THROW	GROUP 2 {THROWING ARENA 02}	U-10 BOYS	FINAL
178	0950 HRS	BALL THROW	GROUP 3 {THROWING ARENA 01}	U-10 BOYS	FINAL
179	0950 HRS	BALL THROW	GROUP 4 {THROWING ARENA 02}	U-10 BOYS	FINAL
180	1015 HRS	BALL THROW	GROUP 5 {THROWING ARENA 01}	U-10 BOYS	FINAL
181	1015 HRS	BALL THROW	GROUP 6 {THROWING ARENA 02}	U-10 BOYS	FINAL
182	1040 HRS	BALL THROW	GROUP 7 {THROWING ARENA 01}	U-10 BOYS	FINAL
183	1300 HRS	BALL THROW	GROUP 1 {THROWING ARENA 02}	U-08 GIRLS	FINAL

1st DELHI STATE KIDS ATHLETICS CHAMPIONSHIPS 2026 (01-09-2026)					
Jawaharlal Nehru Stadium, New Delhi					
TENTATIVE SCHEDULE {Version 1.0}				As on 29.08.2026	
DAY-02 {02 SEP 2026}					
S.NO	TIME	EVENT	SPECIFICATIONS	GROUP	STATUS
TRACK/RUNNING EVENT					
201	0900 HRS	60M	RACE 1	U-10 BOYS	FINAL
202	0905 HRS	60M	RACE 2	U-10 BOYS	FINAL
203	0910 HRS	60M	RACE 3	U-10 BOYS	FINAL
204	0915 HRS	60M	RACE 4	U-10 BOYS	FINAL
205	0920 HRS	60M	RACE 5	U-10 BOYS	FINAL
206	0925 HRS	60M	RACE 6	U-10 BOYS	FINAL
207	0930 HRS	60M	RACE 7	U-10 BOYS	FINAL
208	0935 HRS	60M	RACE 8	U-10 BOYS	FINAL
209	0940 HRS	60M	RACE 9	U-10 BOYS	FINAL
210	0945 HRS	60M	RACE 10	U-10 BOYS	FINAL
211	0950 HRS	60M	RACE 11	U-10 BOYS	FINAL
212	0955 HRS	60M	RACE 12	U-10 BOYS	FINAL
213	1000 HRS	60M	RACE 13	U-10 BOYS	FINAL
214	1005 HRS	60M	RACE 14	U-10 BOYS	FINAL
215	1010 HRS	60M	RACE 15	U-10 BOYS	FINAL
216	1020 HRS	60M	RACE 16	U-10 BOYS	FINAL
217	1030 HRS	60M	RACE 17	U-10 BOYS	FINAL
218	1035 HRS	60M	RACE 18	U-10 BOYS	FINAL
219	1040 HRS	60M	RACE 19	U-10 BOYS	FINAL
220	1045 HRS	60M	RACE 20	U-10 BOYS	FINAL
221	1050 HRS	60M	RACE 21	U-10 BOYS	FINAL
222	1055 HRS	60M	RACE 22	U-10 BOYS	FINAL
223	1100 HRS	60M	RACE 23	U-10 BOYS	FINAL
224	1105 HRS	60M	RACE 24	U-10 BOYS	FINAL
225	1110 HRS	60M	RACE 25	U-10 BOYS	FINAL
226	1115 HRS	60M	RACE 26	U-10 BOYS	FINAL
227	1120 HRS	60M	RACE 27	U-10 BOYS	FINAL

228	1125 HRS	60M	RACE 28	U-10 BOYS	FINAL
229	1200 HRS	40M	RACE 1	U-08 GIRLS	FINAL
230	1205 HRS	40M	RACE 2	U-08 GIRLS	FINAL
231	1210 HRS	40M	RACE 3	U-08 GIRLS	FINAL
232	1215 HRS	40M	RACE 4	U-08 GIRLS	FINAL
233	1220 HRS	40M	RACE 5	U-08 GIRLS	FINAL
234	1225 HRS	40M	RACE 6	U-08 GIRLS	FINAL
235	1230 HRS	40M	RACE 7	U-08 GIRLS	FINAL
236	1235 HRS	40M	RACE 8	U-08 GIRLS	FINAL
237	1240 HRS	40M	RACE 9	U-08 GIRLS	FINAL
238	1245 HRS	40M	RACE 10	U-08 GIRLS	FINAL
239	1250 HRS	40M	RACE 11	U-08 GIRLS	FINAL
240	1255 HRS	40M	RACE 1	U-08 BOYS	FINAL
241	1300 HRS	40M	RACE 2	U-08 BOYS	FINAL
242	1305 HRS	40M	RACE 3	U-08 BOYS	FINAL
243	1310 HRS	40M	RACE 4	U-08 BOYS	FINAL
244	1315 HRS	40M	RACE 5	U-08 BOYS	FINAL
245	1320 HRS	40M	RACE 6	U-08 BOYS	FINAL
246	1325 HRS	40M	RACE 7	U-08 BOYS	FINAL
247	1330 HRS	40M	RACE 8	U-08 BOYS	FINAL
248	1335 HRS	40M	RACE 9	U-08 BOYS	FINAL
249	1340 HRS	40M	RACE 10	U-08 BOYS	FINAL
250	1345 HRS	40M	RACE 11	U-08 BOYS	FINAL
251	1350 HRS	40M	RACE 12	U-08 BOYS	FINAL
252	1355 HRS	40M	RACE 13	U-08 BOYS	FINAL
253	1400 HRS	40M	RACE 14	U-08 BOYS	FINAL
254	1405 HRS	40M	RACE 15	U-08 BOYS	FINAL
255	1410 HRS	40M	RACE 16	U-08 BOYS	FINAL
256	1415 HRS	40M	RACE 17	U-08 BOYS	FINAL
257	1420 HRS	40M	RACE 18	U-08 BOYS	FINAL
258	1425 HRS	40M	RACE 19	U-08 BOYS	FINAL

JUMP EVENT {02 Sep 2026}					
259	0900 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-12 BOYS	FINAL
260	0900 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-12 BOYS	FINAL
261	0925 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-12 BOYS	FINAL
262	0925 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-12 BOYS	FINAL
263	0950 HRS	LONG JUMP	GROUP 5 {LONG JUMP PIT 01}	U-12 BOYS	FINAL
264	0950 HRS	LONG JUMP	GROUP 6 {LONG JUMP PIT 02}	U-12 BOYS	FINAL
265	1015 HRS	LONG JUMP	GROUP 7{LONG JUMP PIT 01}	U-12 BOYS	FINAL
266	1015 HRS	LONG JUMP	GROUP 8 {LONG JUMP PIT 02}	U-12 BOYS	FINAL
267	1040 HRS	LONG JUMP	GROUP 9 {LONG JUMP PIT 01}	U-12 BOYS	FINAL
268	1040 HRS	LONG JUMP	GROUP 10 {LONG JUMP PIT 02}	U-12 BOYS	FINAL
269	1105 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-10 GIRLS	FINAL
270	1105 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-10 GIRLS	FINAL
271	1130 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-10 GIRLS	FINAL
272	1130 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-10 GIRLS	FINAL
273	1155 HRS	LONG JUMP	GROUP 5 {LONG JUMP PIT 01}	U-10 GIRLS	FINAL
274	1155 HRS	LONG JUMP	GROUP 6 {LONG JUMP PIT 02}	U-10 GIRLS	FINAL
275	1215 HRS	LONG JUMP	GROUP 1 {LONG JUMP PIT 01}	U-10 BOYS	FINAL
276	1215 HRS	LONG JUMP	GROUP 2 {LONG JUMP PIT 02}	U-10 BOYS	FINAL
277	1235 HRS	LONG JUMP	GROUP 3 {LONG JUMP PIT 01}	U-10 BOYS	FINAL
278	1235 HRS	LONG JUMP	GROUP 4 {LONG JUMP PIT 02}	U-10 BOYS	FINAL
279	1255 HRS	LONG JUMP	GROUP 5 {LONG JUMP PIT 01}	U-10 BOYS	FINAL
280	1255 HRS	LONG JUMP	GROUP 6 {LONG JUMP PIT 02}	U-10 BOYS	FINAL
281	1315 HRS	LONG JUMP	GROUP 7 {LONG JUMP PIT 01}	U-10 BOYS	FINAL
282	1315 HRS	LONG JUMP	GROUP 8 {LONG JUMP PIT 02}	U-10 BOYS	FINAL
283	1335 HRS	LONG JUMP	GROUP 9 {LONG JUMP PIT 01}	U-10 BOYS	FINAL
284	1335 HRS	LONG JUMP	GROUP 10 {LONG JUMP PIT 02}	U-10 BOYS	FINAL
285	1355 HRS	LONG JUMP	GROUP 11 {LONG JUMP PIT 01}	U-10 BOYS	FINAL

THROW EVENT {02 Sep 2026}

286	0900 HRS	BALL THROW	GROUP 1 {THROWING ARENA 01}	U-08 BOYS	FINAL
287	0900 HRS	BALL THROW	GROUP 2 {THROWING ARENA 02}	U-08 BOYS	FINAL
288	0925 HRS	BALL THROW	GROUP 3 {THROWING ARENA 01}	U-08 BOYS	FINAL
289	0925 HRS	BALL THROW	GROUP 4 {THROWING ARENA 02}	U-08 BOYS	FINAL
290	0950 HRS	BALL THROW	GROUP 1 {THROWING ARENA 01}	U-12 GIRLS	FINAL
291	0950 HRS	BALL THROW	GROUP 2 {THROWING ARENA 02}	U-12 GIRLS	FINAL
292	1015 HRS	BALL THROW	GROUP 3 {THROWING ARENA 01}	U-12 GIRLS	FINAL
293	1040 HRS	BALL THROW	GROUP 1 {THROWING ARENA 01}	U-12 BOYS	FINAL
294	1040 HRS	BALL THROW	GROUP 2 {THROWING ARENA 02}	U-12 BOYS	FINAL
295	1105 HRS	BALL THROW	GROUP 3 {THROWING ARENA 01}	U-12 BOYS	FINAL
296	1105 HRS	BALL THROW	GROUP 4 {THROWING ARENA 02}	U-12 BOYS	FINAL
297	1130 HRS	BALL THROW	GROUP 5 {THROWING ARENA 01}	U-12 BOYS	FINAL
298	1130 HRS	BALL THROW	GROUP 6 {THROWING ARENA 02}	U-12 BOYS	FINAL